



Family Day

Gordon Head Recreation Centre - Swim Schedule

☎ 250-475-7100

Monday

Feb 16th 2026

Lengths & Leisure Swim

8:00-10:00am (S)

Fun Swim

10:00am-12:00am (S)

Lengths & Leisure Swim

12:00 – 1:00pm

Fun Swim

1:00-3:00pm (S)

Gordon Head Recreation Centre – Drop-In Program Schedule

☎ 250-475-7100

Monday

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NO CLASS SCHEDULED

Notes & Additional Information

(S) Indicates shared pool **Music Free Swim Times:** 12:00-1:00pm Daily
Children 7yrs and younger MUST be accompanied in the water by an adult (16yrs+),
within arm's reach of an adult at all times!

SWIM DESCRIPTIONS

Lengths & Leisure Swim - Enjoy length swimming in the lap pool, playing in the leisure or tot pools, or relaxing in the hot tub, sauna, and steam room. (S) indicates shared space with programs or rental groups. **Music Free Swim Times: 12:00-1:00pm *An Adult (16 yrs+) must accompany children under the age of 13yrs for the duration of the swim.**

Fun Swim - Fun for all ages, bring your friends and family for a high energy swim time in the pool. The rock wall, slide & monkey bars can be opened periodically along with the water features at the discretion of the staff. **Length swimming is not typically available during this time.** (S) indicates shared space with programs or rental groups.

***For All Swims and All the Pools – Children 7 years and under must be within arms-reach of an adult (16+yrs) in the water at all times.**